



P R E S S R E L E A S E

Holt County Health Department
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HOLT COUNTY REPORTS FIRST POSITIVE COVID-19 CASE

Holt County Health Department has confirmed its first case of novel coronavirus (COVID-19). The patient is a female between the age of 30 and 40 years of age and is a resident of Holt County. The individual is currently recovering at home in voluntary self-isolation. No other information will be provided about the patient.

The Holt County Health Department is working quickly with local, regional and state partners to identify individuals who may have been in contact with the confirmed case. Close contacts will be asked to follow necessary precautions to limit the potential spread of virus. If you are not contacted by a local public health agency, you have not been in contact with the confirmed case and are not at increased risk.

This first positive case reinforces the message that local, state and federal authorities have been stressing over the past several weeks. COVID-19 is within our communities and residents of Holt county are encouraged take protective measures including avoiding gatherings of more than ten people, washing your hands often, staying home as often as possible, cleaning frequently touched surfaces, avoid touching your face, and staying home when you are ill.

If you are experiencing symptoms of respiratory illness, please contact your provider for an assessment. Please call before presenting to a clinic or emergency department.

This institution is an equal opportunity provider.

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